

Programs

Day Camp

(Runs M-F 7:30 - 4:30)

Session 1: (6/18 - 6/22) _____

(6/25 - 6/29) _____

Session 2: (7/2 - 7/6) _____

(7/9 - 7/13) _____

Session 3: (7/16 - 7/20) _____

(7/23 - 7/27) _____

Session 4: (7/30 - 8/3) _____

(8/6 - 8/10) _____

Session 5: (8/13 - 8/17) _____

(8/20 - 8/24) _____

Johnson's International 5-Mile Road Race

The Calais Recreation Department will host the 39th annual Johnson's True Value Five Mile Road Race on Saturday August 11th. The race will begin at 9:00am (US) from Memorial Park on Main Street in Calais. The Race is USATF & Athletics Canada certified 5-mile course that starts in the US, goes into Canada and finishes back in the States. Shirts will be giving to the first 50 registrations received.

Pre-Registration is \$15 and will be accepted until 1:00 PM Friday, August 10th. You may also choose to register the morning of the race until 8:00 am at a fee of \$20. Due to border security, no one may register after 8:00AM. Registration forms are available at Johnson's True Value, Calais City Hall, or by contacting Craig Morrison at the Calais Recreation Department at 207-454-2761 or calaisrec@calaismaine.org.



cut along dotted line



Calais Screenprinting Kid's Fun Run

The annual Kid's Fun Run will once again be sponsored by Calais Screen Printing and will begin at Memorial Park on Main Street. This year's run will take place on Saturday, August 11th starting at 8:00 AM at Memorial Park, Registration will be accepted the morning of the run from 7:00-7:45 AM. This free event is open to any child age 12 and under and awards will be given.



Howard Fox Memorial Pool

Open June 18 - August 29th

Pool Director: Casey Donovan

Red Cross Swim Lessons:

\$35 per session (\$50 for NR)

Session #1 6/25- 7/13 MWF 9:00 - 12:00

Session #2 7/16 - 8/17 MWF 9:00 - 12:00

Public Swim

Monday 12:00 - 7:00

Tuesday 12:00 - 7:00

Wednesday 12:00 - 7:00

Thursday 12:00 - 7:00

Friday 12:00 - 5:00

Saturday *10:00 - 7:00

Sunday *10:00 - 5:00

*Saturday/Sunday will open at 12:00 if party is scheduled

Daily Fee: Residents: Youth \$1 Adult \$2
Non-Residents Youth \$2 Adult \$4

Public Swim Summer Passes may be purchased at the public swims starting on June 18th.

Residents: Youth \$40 Adult \$60 Family \$70
Non-Residents: Youth \$60 Adult \$80 Family \$90

Registration Information & Notes

All swim registration will be done at the pool. Those who know their swim level may register at the pool any time prior to the start of lessons. Any beginner wishing to participate in the first session must be at the pool on June 21st from 9:00 - 11:00AM to be tested to determine their proper starting level. Time assignments will be posted at the pool by June 22nd or you can call the pool.

The levels of instruction & classes are listed below:

1. Water Exploration
2. Primary Skill
3. Stroke Readiness
4. Stroke Development
5. Stroke Refinement
6. Stroke Proficiency
7. Advanced Skills
8. Guard Start

Softball Clinic

The Rec Dept will again be offering a softball clinic. Calais High School coach Toby Cole along with Stephanie Griffin will be running this year's clinic. This is open to girls ages 9-15 and will focus on skill developing and enjoyment of the game. The clinic will be held the week of July 9th from 9:00-10:30am at the DiCenzo Athletic Complex. The cost is \$35 for residents and \$45 for non-residents.

Baseball Clinic

This will be the second year that the Calais Rec. Dept. will be offering a baseball Clinic. Marc Rhode will be heading up this year's clinic for boys and girls ages 9-15 who are interested in baseball or looking to try a new sport. The Clinic will focus on skill development and enjoyment of the game. All skill levels are welcome. Marc will work with the basics for those just starting and advanced drills for the older kids. This Camp will run the week of July 16th from 4:30-6:00pm at the DiCenzo Athletic Complex. The cost is \$35 for residents and \$45 for non-residents.



NJTL Tennis Camp

This six-week program will be taught by Calais High School coach Bill Greenlaw and will be run under the sanction of the USTA National Junior Tennis & Learning.

This program offers an opportunity for every child to: learn and enjoy a lifetime sport, emphasize team spirit & good sportsmanship, and participate in special events and receive special services. Every participant will receive tennis lessons and a chance to participate in organized competition.

This program is available to any youth entering grades 4 and up this fall. Cost of this camp is \$40 for residents and \$50 for non-residents and includes a T-Shirt. This program will begin the week of July 9th. All practices will take place at the DiCenzo Complex Courts. Please bring tennis racket, plenty to drink, and comfortable shoes.

Summer Brochure 2018



Day Camp ~ Lauren Remington
Howard Fox Pool ~ Casey Donovan
K - 5 Cheer Camp ~ Sara Cavanaugh
& Angelica Underhill
K-8 Tumbling ~ Candy Kelly-Welch
Baseball Clinic ~ Marc Rhode
Softball Clinic ~ Toby Cole, Greg Smith, & Stephanie Griffin
Tennis Camp ~ Billy Greenlaw
Adult Tennis ~ David Sivret
Youth Golf ~ Mike Ellis, PGA Professional
K-4 Basketball Camp ~ Sean Cavanaugh

Calais Recreation Department
P.O. Box 413
Calais, ME. 04619
Rec Center 454-2761 / Pool 454-2762 calaisrec@calaismaine.org

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The Calais Recreation Department is pleased to announce its 2018 Summer Recreation Program. The following activities are being offered to area residents at the fees stated. If you have any questions or wish to register, please contact the Calais Recreation Department at 454-2761 or the Howard Fox Memorial Pool at 454-2762. You can also contact by email at calaisrec@calaismaine.org or find us on Facebook!

Summer Day Camp

Camp Director: Lauren Remington
June 18th - August 24th

This exciting summer camp is entering its 38th summer. This camp is offered to children who are 6 years of age and completed 1 year of kindergarten to age 13. We are offering 5 two-week sessions which run Monday thru Friday from 7:30am-4:30pm. Summer camp includes swim lessons 2 days a week. Summer camp will offer field trips to Keene's Lake and Roque Bluffs and other locations. The camp will offer one field trip per session.



Basketball Camp

The Calais Rec Dept will be offering a new K-4 basketball camp. This camp will focus on developing individual skills and team work skills by using drills and team games. Calais High School coach Sean Cavanaugh will be running the camp. This camp will start Monday July 9th through Friday July 13th 9:00am-11:00am. This camp will take place at the Calais High School. The cost for this program is \$30 for residents and \$40 for non-residents. Fee includes a camp shirt.

Registration is required and recommended to be completed prior to the first day of summer camp. Registration forms are available at Calais City Building or the Calais Rec Center or will be available to complete the first day of summer camp. These forms are required for attendance.

Pricing

Calais Residents – single child \$50, multiple siblings \$30 each

Non-residents – single child \$60, multiple siblings \$40 each

Sessions

Campers can attend 1 week or all 10 weeks

Session 1 – June 18 - 22 & June 25 - June 29

Session 2 – July 2 - 6 & July 9 - 13

Session 3 – July 16 - 20 & July 23 - 27

Session 4 – July 30 - August 3 & August 6 - 10

Session 5 – August 13 - 17 & August 20 - 24

Public Swim at the pool is an activity offered to our day campers and is open until 4:30 daily (except in inclement weather). Campers 10 years old & up are allowed to stay until it closes however, summer camp staff goes home at 4:30, at which time younger campers will need to be picked up or be supervised by a responsible person.

Campers should bring snacks, plenty of drinks, sneakers, swimsuit, towel, and a hat (lunch will be provided however campers may opt to bring their own lunch). Parents should make sure that their children have clothes suited for different weather conditions. Please try to apply sunscreen daily prior to attending camp.

Soccer Camp

The Calais Rec Dept will be offering a new summer soccer camp. Josh Smith will be teaching a week-long soccer camp starting Monday August 13th through Friday August 17th. The camp will focus on basic skills for the younger campers and more advanced skills for the older campers. The camp is for boy's and girls in grades K-8. The K-4 will from 9:00am to 10:00am and the 5-8 will be from 10:00am to 11:00am. The cost for this program is \$30 for residents and \$40 for non-residents.

Adult Tennis Clinic

The Calais Recreation Department will be offering a new Adult Tennis Program beginning July 10th. This program will run Tuesday and Thursday from 6-8 and Saturday morning from 10-12. The fee for this program is \$35. The program will include lessons and matches. For more information, you can contact the Calais Recreation Department at 454-2761.

What to bring for summer camps

Campers will need to bring his/her own backpack with sunscreen, water, snacks, sneakers, sandals, towel, and a swim shirt.

Lunches will be available some weeks thru the summer foods program or campers can bring their own.

Cheerleading Camps



The Rec Dept will be once again holding its cheerleading camps for boys and girls in grades K-5. Sara Cavanaugh & Angelica Underhill will be teaching a week-long program for boys and girls in grades K-5 starting on Monday July 16th- Friday July 20th from 6:00 PM – 7:30 PM. This program will be at the Calais Elementary School. The cost for both these programs is \$30 for residents and \$40 for non-residents. Fee includes a camp shirt.

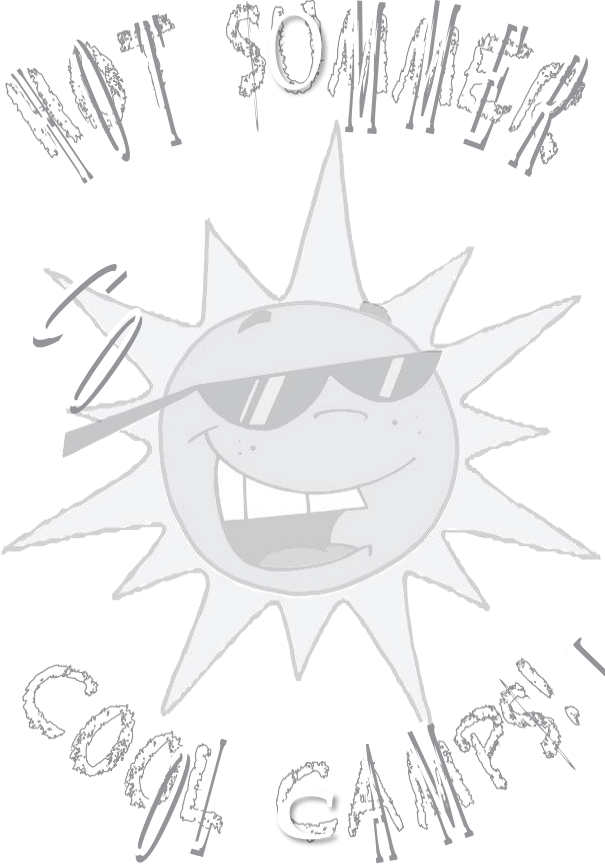
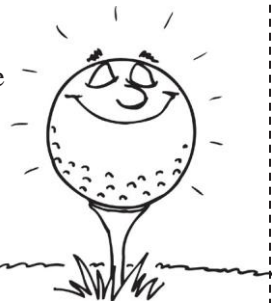
Tumbling Camp

This year the Calais Rec Dept will be offering a new tumbling camp. Candi Kelly Welch certified tumbling coach will be teaching a two-week camp for boy's and girl's in grades K-8. The camp will be separated into two age groups after the first day of camp. This camp will start July 9th -July 20th on Monday's, Wednesday's and Friday's from 4:30-6:00 at the Calais Recreation Center. The cost for this program is \$30 for residents and \$40 for non-residents. Fee includes a camp shirt.

Youth Summer Golf

The Calais Recreation Department is pleased to once again continue partnering with the St. Croix Country Club in a program directed by PGA professional Mike Ellis. This program is offered to any youth entering grades 3-12 in the fall. The program will run Wednesday mornings from 8-9am starting June 20th. Registration can be done on the first day of the program at the St Croix Country Club. There is no fee for this program. For more information

contact Mike Ellis at 454-8875.



The named participant is healthy and will be able to participate in all related activities. I understand that all recreational activities may cause serious injuries and even death. I will not hold the City of Calais, any of its employees or volunteers liable for any incidents that may injure the named participant, whether in program or in vehicular route to or from such program. I give my permission to administer any necessary treatment from any/all trained persons. (Please note any medications and/or health restrictions below).

Parent/Guardian Signature

All prepayments will be accepted in the order received. Assume your registration has been accepted unless we notify you to the contrary; there will be no mailed confirmations. Attend your first program as scheduled.

Please mail this form with payment to:

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